

RESOURCES for Social Justice, Animal Rights, Humane Education, & Environmental Education

Documentaries	Books	YouTube
Cowspiracy: The Sustainability Secret ~ Kip Andersen & Keegan Kuhn ~ cowspiracy.com	Circles of Compassion: essays connecting issues of justice ~ edited by Will Tuttle, PhD	DAIRY IS SCARY! <i>The industry explained in 5 minutes</i> ~ Erin Janus
Forks Over Knives: The Film ~ forksoverknives.com/the-film	World Peace Diet ~ Will Tuttle, PhD	The Perils of Dairy ~ John McDougall, MD
Earthlings ~ earthlings.com ~ nationearth.com	The Power and Promise of Humane Education ~ Zoe Weil	Gary Yourofsky Best Speech Ever
UNITY: HUMAN. ANIMAL. TREE. NOT THE SAME, BUT EQUAL ~ narrated by 100 Celebrity Voices ~ unitythemovement.com	Saving Lives & Changing Hearts and The Hidden World of Animals in Entertainment ~ Rob Laidlaw	Beyond Carnism and Towards Rational, Authentic Food Choices TedX Munchen ~ by Melanie Joy
Peaceable Kingdom ~ tribeofheart.org The Witness: A Tribe of Heart Documentary	Cat Champions and 5 Elephants ~ Rob Laidlaw	Why Vegan? ~ by Evolve!
DOMINION ~ dominionmovement.com	No Shelter Here and On Parade ~ Rob Laidlaw	Healing Our World ~ Dr. Will Tuttle, PhD
Speciesism: The Movie ~ speciesism.com	Animals in Captivity ~ Rob Laidlaw	The World Becomes What You Teach ~ Zoe Weil
Meat Video ~ meatvideo.com	When Elephants Weep ~ J.M. Masson & S. McCarthy	101 Reasons to go Vegan
What the Health ~ Kip Andersen & Keegan Kuhn	The Sustainability Secret: Rethinking Our Diet to Transform the World ~ Kip Andersen & Keegan Kuhn	Animal Protein—Meat & Dairy—Cause Cancer ~ T. Colin Campbell, Ph.D
Vegucated: Three People. Six Weeks. One Challenge ~ getvegucated.com/the-film/synopsis	ANIMALS AND THE LAW ~ Lesli Bisgould, Canadian animal rights lawyer (on YouTube: It's time to re-evaluate our relationship with animals)	"Digestion Made Easy: Journey through Your Amazing Digestive System" ~ Dr. Michael Klaper
The Ghosts in Our Machine ~ Jo-Anne McArthur	The Pig Who Sang to the Moon ~ Jeffrey M. Masson	The Truth About Lucy ~ Zoocheck Canada
The Cove ~ on Amazon or Netflix	UNTIL EVERY ANIMAL IS SET FREE ~ Saryta Rodriguez	Program for Reversing Diabetes ~ Dr. Neal Barnard
Blackfish ~ Amazon or iTunes	We Animals ~ Jo-Anne McArthur	Environmental Websites
Born to be Wild ~ on Amazon	Vegan is Love: Having Heart and Taking Action ~ Ruby Roth	thestoryofstuff.org ~ impacts of consumerism
Animal Odd Couples ~ on PBS or Netflix	Slaughterhouse ~ Gail A. Eisnitz	onegreenplanet.org ~ green cruelty-free living
Unlocking the Cage ~ by the Nonhuman Rights Project (NhRP)	Animal Rights: The Abolitionist Approach ~ Gary L. Francione	panna.org ~ pesticides & people/planet
The Elephant in the Room (Lucy at Valley Zoo) ~ cbc.ca/fifth	Defeating Diabetes ~ Brenda Davis, RD and Tom Barnard, MD	whatsonmyfood.org ~ pesticides on our food
Zoo Revolution ~ cbc.ca/doczone	Mercy for Animals: One Man's Quest to Inspire Compassion and Improve the Lives of Farm Animals ~ Nathan Runkle	canadians.org ~ Get active—advocate for social & environmental justice!
An Apology to Elephants ~ hbowatch.com	Incredibly Delicious Recipes for a New Paradigm ~ Gentle World Publishing	seashepherd.org ~ saving world oceans' wildlife
Love And Bananas ~ elephants.com	How Not to Die ~ Dr. Michael Greger M.D. FACLM	daidsuzuki.org ~ conserving our environment
Eating You Alive ~ eatingyoualive.com	Farm to Fable: The Fictions of our Animal Consuming Culture ~ Robert Grillo	sharkwater.com ~ shark extinction; conservation

Publication: Report Summary, **The EAT-Lancet Commission on Food, Planet, Health** <https://eatforum.org/eat-lancet-commission/>

Publication: Health Canada's new **Canada Food Guide 2019** <https://food-guide.canada.ca/>

Websites

(list compiled by **Voice for Animals Society**; available at v4a.org and updated frequently)

Voice for Animals Society Edmonton, Alberta v4a.org	Humane Education & Animal Rights organization; for school, business, group, or organization presentations, please contact info@v4a.org or call 780-490-0905.
mercyforanimals.org	Protecting farmed animals; investigations; legal advocacy; corporate outreach; education...
animaljustice.ca	Animal Justice Canada : lawyers leading the legal fight for animal protection legislation and prosecution of animal abusers
leapforlucy.com	Lucy's Edmonton Advocates' Project (Leap) : aimed at increasing the involvement of advocates to free Lucy the elephant at the Valley Zoo to a sanctuary...
defendhorsescanada.org	Canadian Horse Defence Coalition : defend horses from slaughter for food; ban export of live horses to other countries for slaughter & food consumption...
zoocheck.com	Zoocheck Canada : focus on captive wildlife; investigations; reports...
furbearerdefenders.com	The Association for the Protection of Fur-Bearing Animals ...
animalalliance.ca	Animal Alliance of Canada : aim for legislated animal & environmental protection...
vancouverhumanesociety.bc.ca	VHS is dedicated to exposing animal abuse...
vofa.org	Vegans & Vegetarians of Alberta : news, links, resources, recipes; *Diner's Guide listing vegan/vegetarian/veggie-friendly restaurants & businesses in Edmonton...
farmrescue.org	Farm Animal Rescue and Rehoming Movement (F.A.R.R.M.) : an animal sanctuary for surrendered and abused farm animals; near Wetaskiwin, Alberta...
thinkkind.org	Humane Education Australia *Teacher Lesson Plans & other resources available
freefromharm.org	Promoting farmed animal rescue; education; advocacy...
awellfedworld.org	A hunger relief and animal protection organization...
rpaforall.org	Responsible Policies for Animals : focus on establishing rights of all animals...
arconference.org	Annual U.S. Animal Rights National Conference : world's largest animal rights gathering since 1981; aim is animal liberation; speakers; events; exhibits...
humaneeducation.org	Institute for Humane Education : Graduate Programs; online courses; resources...
farmusa.org	Farm Animal Reform Movement : advocates for farm animals; for protecting the environment; for safeguarding public health...
pawsweb.org	Performing Animal Welfare Society : sanctuary for abused, abandoned, and retired captive wildlife; advocacy & education...
sharkonline.org	SHARK : exposes animal cruelty in rodeos, hunting, zoos, circuses...
afa-online.org	Action for Animals : promotes the principle that animals do not exist for our use...
abolitionistapproach.com	An approach to animal rights advocating the abolition of—rather than the regulation of—animal exploitation; promoting activism in the form of non-violent vegan education...
veganpublishers.com	Publishers of adult/children books that promote social consciousness & awareness related to veganism, justice, and respect for all living beings...
pcrm.org	Physicians Committee for Responsible Medicine : physicians putting focus on health & compassion...
nutritionfacts.org	Dr. Michael Greger provides this strictly non-commercial, science-based public service; free updates on the latest in nutrition research; videos & articles...
brendadavisrd.com	Brenda Davis is a Registered Dietician & Nutritionist, Author, Speaker, Consultant; list of her books/writings/schedule; resources; recipes; articles; videos...
chooseveg.com	A project of Mercy for Animals ; guidance on veganism—what to eat, health tips, reasons for switching to veganism and how to switch; nutrition facts; recipes; blog...
vegkitchen.com	Recipes, book reviews, cooking videos...
veganoutreach.org	Active, education outreach on college campuses & other venues to promote veganism.
bitesizevegan.com	Informative and entertaining presentations about vegan issues...
peta.org	People for the Ethical Treatment of Animals : largest animal rights organization in the world; focus on animals in the food/entertainment/clothing/research industries...

We patronize the animals for their incompleteness, for their tragic fate of having taken form so far below ourselves. And there we err, and greatly err. For the animals shall not be measured by man. In a world older and more complete than ours, they move finished and complete, gifted with extensions of the senses we have lost or never attained, living by voices we shall never hear. They are not brethren; they are not underlings. They are other nations, caught with ourselves in the net of life and time, fellow prisoners of the splendor and travail of the earth.

~ *Henry Beston (1888- 1968), writer and naturalist*